30 Days Around the World for KANPE Challenge Guide $\frac{100}{100}$ 09/01 - $\frac{100}{100}$ 09/30





Hello, Challengers! Welcome to 30 Days Around the World for KANPE!

The following information outlines what you need to know to join your upcoming challenge.

First, you need to download Pacer Pedometer & Step Tracker.





If you're new to Pacer...

If you don't have a Pacer account yet, you can enter your Organization Code on the App's first screen. You can use any valid email to register your account, but check with your Admin on whether your work email should be used.



If you already logged in...

If you already have a Pacer account, tap the search icon (🔍) on the home screen, and input your Org Code.





Your Org Challenge will be pined on the first screen of Pacer Homepage Get Energized in 7 Days Beginner 3 Explore

31 0

Check-Ins.

Workout

Blood

Scroll down, you will see your Team

You're ready for your challenge!

Once you've completed the onboarding steps and joined your P4T Org, you will be in any challenge your Admin creates. You do not have to accept or opt-in.

You can find your challenge(s) and your P4T Org on the Pacer app's Homepage. Your challenges should be pinned to the home screen (highlight). If it's not, please follow these instructions

Pacer Activity Data Sources

Pacer App & Smartphone

In App GPS activity tracker

<u>3rd Party Apps/Wearables</u>

Manually Added Data

3rd Party Apps/ Wearables Pacer Supports





Apple Health Google Fit

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Fitbit



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Garmin (iOS)

Pacer App Troubleshooting

If you have any issues or questions during the challenge, please take the following steps to directly contact the **P4T Challenge Support Team**:

- Step 1 Launch Pacer, then tap the **Explore Menu** in the bottom right corner, and then Corporate in the top right corner.
- Step 2 Tap the extra options (...) button just below the Corporate Tab and choose Email Support.
- Step 3 An email will be created in your phone's active email account. Explain the issue and attach any screenshots to help diagnose the problem. The email will also send your phone log so the Support Team can look into the issue more.





Pacer Account Data & Privacy

What data is shared with Admins?

Email Address Display Name/Photo Daily Totals for Steps, Distance, Calories

What data is shared with Participants?

Display Name/Photo Daily Totals for Steps, and Distance Pacer Bio (Public/Private) Pacer Privacy Pacer Terms of Service

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Pacer Premium

Workout and Weight loss programs Extra activity data insights & reports Adventure Challenges 3rd Party App Connection – Fitbit & Garmin Hides all in-app ads

Included for your P4T Challenge period, and can be purchased in Apple or Google stores afterwards